

KANTONALREKORDE PER 31.12.2022

MÄNNER

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|----------------|---|---------------|----------|-----------|
| 100 m | Fongué Rolf Malcom, 87 | GG Bern | 10.25 | 2012 |
| 200 m | Schneeberger Marc, 81 | TV Länggasse | 20.42 | 2010 |
| 300 m | Schneeberger Marc, 81 | TV Länggasse | 32.74 | 2007 |
| 400 m | Rohr Alain, 71 | TV Länggasse | 45.77 | 2000 |
| 600 m | Niederberger Christian, 80 | STV Attiswil | 1:17.12 | 2005 |
| 800 m | Hasler Günter, 51 | TV Länggasse | 1:46.16 | 1975 |
| 1000 m | Hasler Günter, 51 | TV Länggasse | 2:18.1 | 1978 |
| 1500 m | Wirz Peter, 60 | ST Bern | 3:35.83 | 1984 |
| 3000 m | Ryffel Markus, 55 | ST Bern | 7:41.05 | 1979 SR |
| 5000 m | Ryffel Markus, 55 | ST Bern | 13:07.54 | 1984 SR |
| 10'000 m | Belz Christian, 74 | ST Bern | 27:53.16 | 2005 |
| Halbmarathon | Stalder Jürg, 69 | TV Länggasse | 1:02.17 | 1996 |
| Marathon | Bölz Daniel, 62 | ST Bern | 2:11.10 | 1991 |
| 110 m Hürden | Monachon Raphael, 73 | CA Courtelary | 13.46 | 2000 |
| 300 m Hürden | El-Idrissi Cédric, 77 | ST Bern | 35.55 | 2003 |
| 400 m Hürden | El-Idrissi Cédric, 77 | ST Bern | 49.10 | 2003/2004 |
| 3000 m Steeple | Belz Christian, 74 | ST Bern | 8:22.24 | 2001 SR |
| Hoch | Stauffer Martin, 75 | LAC Biel | 2.23 | 1999/2000 |
| Stab | Gigandet Michel, 76 | GG Bern | 5.50 | 1999/2000 |
| Weit | Gloor René, 56 | TV Länggasse | 8.07 | 1982 |
| Drei | Graber Andreas | ST Bern | 16.44 | 2013 |
| Kugel | Günthör Werner, 61 | ST Bern | 22.75 | 1988 SR |
| Diskus | Hubacher Edy, 40 | TV Länggasse | 56.78 | 1970 |
| Hammer | Obrist Daniel, 57 | ST Bern | 69.68 | 1982 |
| Speer | Steiner Rudolf, 51 | ST Bern | 79.94 | 1989 |
| 10-Kampf | Krebs Adrian, 77 | ST Bern | 7993 P. | 2001 |
| 4x100 m | Gugerli S.- Schneeberger M.- Ritz A.- Fongué M. | LG Bern | 40.18 | 2012 |
| 4x400 m | Müller-El-Idrissi C.-Hanggi M.-Rohr A. | ST Bern | 3:10.11 | 2002 |
| 4x800 m | Scheidegger-Aeschbacher-Vivian-Dieboldswyler | ST Bern | 7:36.88 | 1979 |
| 3x1000 m | Engel H.- Ramseier R.- Furtwängler P | LG Bern | 7:16.09 | 2019 |
| 4x1500 m | Languetin E.-Lafranchi B.-Ryffel M.-Wirz P. | ST Bern | 15:21.26 | 1966 |
| Medley | Flury P.- Reber H.- Utz A.- Vogt K. | GG Bern | 1:52.97 | 1977 BL |
| Olympische | Languetin E.-Notz B.-Wild T.-Schär M. | ST Bern | 3:08.47 | 1987 |
| Américaine | Salm R.- Geissbühler L.- Geissbühler M. | LV Langenthal | 6:32.45 | 2009 |

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FRAUEN

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|---------------|---|------------------|----------|-----------|----|
| 100 m | Kambundji Mujinga | ST Bern | 10.89 | 2022 | SR |
| 200 m | Kambundji Mujinga | ST Bern | 22.05 | 2022 | SR |
| 300 m | Kambundji Mujinga | ST Bern | 36.63 | 2022 | |
| 400 m | Anliker-Aebi Regula, 65 | LV Langenthal | 52.14 | 1994 | |
| 600 m | Sclabas Delia | Gerbersport | 1:26.63 | 2019 | |
| 800 m | Gasser Sandra, 62 | ST Bern | 1:58.90 | 1987 | |
| 1000 m | Gasser Sandra, 62 | ST Bern | 2:31.51 | 1989 | SR |
| 1500 m | Weyermann Anita, 77 | GG Bern | 3:58.20 | 1998 | SR |
| 3000 m | Weyermann Anita, 77 | GG Bern | 8:35.83 | 1999 | SR |
| 5000 m | Weyermann Anita, 77 | GG Bern | 14:59.28 | 1996 | SR |
| 10'000 m | Nauer Daria, 66 | TV Länggasse | 31:35.96 | 1994 | SR |
| Halbmarathon | Strähl Martina, 87 | LV Langenthal | 1:09.29 | 2018 | |
| Marathon | Neuenschwander Maja, 80 | ST Bern | 2:26.49 | 2015 | |
| 100 m Hürden | Urech Lisa, 89 | SK Langnau | 12.62 | 2011 | SR |
| 300 m Hürden | Schenk Michèle, 74 | LV Thun | 40.35 | 1996 | |
| 400 m Hürden | Schenk Michèle, 74 | LV Thun | 55.70 | 1996 | |
| 3000m Steeple | Leutert Astrid, 87 | GG Bern | 9:50.35 | 2014 | |
| Hoch | Lauber Nathalie, 94 | GG Bern | 1.83 | 2015 | |
| Stab | Büchler Nicole, 83 | ST Bern | 4.60 | 2012 | |
| Weit | Schlatter Daniela, 94 | TV Länggasse | 6.51 | 2021 | |
| Drei | Miescher Daniela, 75 | ST Bern | 13.10 | 2004/2006 | |
| Kugel | Fust Vanessa | LV Langenthal | 15.54 | 2020 | |
| Diskus | Heltner Ance, 78 | GG Bern | 47.54 | 2009 | |
| Hammer | Wehrli Lydia | GG Bern | 59.19 | 2020 | |
| Speer | Meier Nathalie, 93 | ST Bern | 53.63 | 2015 | |
| Siebenkampf | Agnou Caroline, 96 | Satus Biel-Stadt | 6330 | 2017 | |
| 4x100 m | Kambundji D.- Nri F.- Kambundji Mus.- Kambundji Muji. | ST Bern | 44.86 | 2018 | |
| 4x400 m | v.Kaufungen Y.- Schediwy M.- Wattendorf E.- Hofstetter E. | GG Bern | 3:42.82 | 1982 | |
| 3x800 m | Zumstein-Schneider-Gasser | ST Bern | 6:31.22 | 1982 | |
| Olympische | Baumann S. - Aeschbacher O. - Wild C. - Baumgartner M. | ST Bern | 3:37.54 | 2021 | |
| 3x1000m | Giudice L.- Sprecher S.- Sclabas D. | LG Bern | 8:26.22 | 2018 | SR |
| Américaine | Egger N.- Kummer S.- Schranz V. | LZ Oberaargau | 7:56.67 | 2019 | |